

# 美国名校

## 研究性学习能力认可



**PRINCETON  
UNIVERSITY**

**普林斯顿大学 Princeton University**

**2022 U.S.News 美国大学排名第 1**

在准备你的申请材料的时候，我们希望能够了解你的天赋、学术成果和个人成就。告诉我们你将如何在普林斯顿抓住学术和非学术的机会来为普林斯顿作出贡献。

As you prepare your application, help us to appreciate your talents, academic accomplishments and personal achievements. We'll ask for your transcript and recommendations, and we will want to know more than just the statistics in your file. Tell us your story. Show us what's special about you. Tell us how you would seize the academic and nonacademic opportunities at Princeton and contribute to the Princeton community. Above all, please write in a style that reflects your own voice.

<https://admission.princeton.edu/how-apply>

我们希望寻找拥有突出的学术成果和优秀的课外经验的学生。

We seek students who have distinguished themselves with outstanding academic accomplishments as well as impressive experiences outside the classroom. The personal qualities, backgrounds, beliefs and abilities the undergraduates bring to campus contribute to all Princeton offers.

-Janet Lavin Rapelye (Dean of admission)

<https://admission.princeton.edu/how-apply/helpful-tips>

注：普林斯顿看中申请人的学术成果和个人成就，还有课堂以外的实践经验，EPQ 可以为学生提供这方面的提升，因此，学生可以将已有的学术报告提交给申请委员会来提升自己的竞争力。同时，学术可以证明自己已经有了学术能力，今后可以更好的开展在大学的学术学习。



**HARVARD  
UNIVERSITY**

**哈佛大学 Harvard University**

**2022 U.S.News 美国大学排名第 2**

我们认为标准的申请材料可以作为申请者信息的样本来供我们了解。但我们认为，你可能有真正的天赋或成就想要跟我们分享，我们也不希望错过任何能够进一步了解你的机会。你可以提供一些补充性的资料，例如音乐作品，艺术作品，或者学术成果。

学术文章、研究、创造性写作或其他你是第一作者的材料都可以通过系统提交上来…如果可以，请在提交时标注你研究的赞助者、指导老师、研究小组领导并提供一段文字描述你在这个研究中做出的贡献

Our standard application materials typically give us ample information for making admission decisions. However, we recognize you may have truly exceptional talents or achievements you wish to share, and we want you to have every opportunity to best represent yourself.

At the discretion of the Admissions Committee, supplementary materials—such as music recordings, artwork, or selected samples of academic work—may be evaluated by faculty.

Scholarly articles, research, creative writing or other documents of which you are the primary author should be submitted in the Upload Materials section of the Applicant Status Portal. This is the most efficient and direct method of submitting these materials, because they will be added directly to your official application. All submissions should include a list of any individuals with whom you collaborated in the production of the work. If appropriate, please identify your research sponsor, mentor, and/or laboratory or research group leader and provide a short description of your particular contribution to the work.

<https://college.harvard.edu/admissions/apply/first-year-applicants/application-requirements>

注：哈佛大学的申请要求中透露出对于研究项目的认可。他们重视那些在中学阶段就已经参与研究课题或项目的学生，并希望学生已经有了自己的研究成果。



## 哥伦比亚大学 Columbia University

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希望学生能够有学校课程外的各类活动。

Extracurricular Activities: The quality of a student's involvement in activities beyond the classroom.

<https://undergrad.admissions.columbia.edu/apply/first-year/holistic>

注：哥伦比亚大学只是推荐学生多多参与课外的活动，为社区、家庭做贡献，或者是自己非常感兴趣的爱好；EPQ 的选题内容如果与这类相关可以算是比较符合。



## 麻省理工学院 Massachusetts Institute of Technology

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虽然我们不期望也不需要额外的材料，但我们非常乐意看到学生参与了许多有趣的课外活动！可以是研究项目也可以是音乐戏剧等等。你可以提供图像、视频或者是 PDF 的文件向我们证明。

While we neither expect nor require additional material beyond the application, we know that many students are involved in many cool activities outside of class, and we love to hear about them!

### Research

Students who have worked on a significant research project outside of high school classes are welcome to submit a research supplement via SlideRoom. If you have worked on more than one research project, we recommend focusing on the project that is most important to you.

We encourage all types of media art, including design, drawing, painting, mixed media, digital media, photography, sculpture, and architectural work. You may submit a portfolio of up to 10 images of your work for review. Include the title, medium, a brief description, date completed, and a brief description of each work's concept or inspiration.

For your Maker Portfolio, you may submit images, video totaling no more than 120 seconds, and up to one PDF of technical documentation and/or specifications via SlideRoom. You may document one project or many, and your work may have been done inside, or outside, of school, and alone or with a team; just make sure you explain it to us!

<https://mitadmissions.org/apply/firstyear/portfolios-additional-material/>

注：麻省理工学院提及了希望了解学生课外的一些活动，可以是 research 或者做一个 artefact，并且可以提交一些证据。



## 耶鲁大学 Yale University

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如果你的学校提供 AP 和 IB 的课程，那么希望你能够通过学习这些课程来提升自己，不要浪费任何能够进步的机会。

The Yale application tries to get at the personal side of the applicant through the use of several short essays whose scope is broad enough to accommodate most writers. We encourage you to take the writing of the essays seriously and to write openly and honestly about activities, interests, or experiences that have been meaningful to you.

<https://admissions.yale.edu/what-yale-looks-for>

注：耶鲁大学虽然没有提及 EPQ 的内容，但是可以看出，耶鲁大学招生委员会希望学生能够上一些提升自身能力和素养的课程。能够为以后的大学学习生活打下基础。



斯坦福大学 Stanford University

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我们希望看到你的承诺、奉献和在拓展你的只是视野上的兴趣。无论是在你写的关于你自己的东西，还是在别人为你写的东西；我们希望看到那种好奇心和热情，能让你在新生研讨会上开展一场激烈的讨论，并在餐桌上继续交谈。我们希望看到，无论是在研究实验室、作为社区组织的一部分、在表演期间还是在运动场上，你在努力中带来的能量和承诺。我们希望看到你主动的寻找机会和拓展视野。

We want to see your commitment, dedication and genuine interest in expanding your intellectual horizons; both in what you write about yourself and in what others write on your behalf. We want to see the kind of curiosity and enthusiasm that will allow you to spark a lively discussion in a freshman seminar and continue the conversation at a dinner table. We want to see the energy and depth of commitment you will bring to your endeavors, whether that means in a research lab, as part of a community organization, during a performance or on an athletic field. We want to see the initiative with which you seek out opportunities and expand your perspective.

<https://admission.stanford.edu/apply/selection/>

注：斯坦福大学没有提到跟项目实践相关的内容，但也提及了希望了解学生课外的一些发展，并且希望看到学生在某一个方面的精专，不求多而求精。



芝加哥大学 The University of Chicago

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芝加哥大学对学生提交的补充性材料也是非常重要的，包括艺术、创新、研究和其它。这些材料要能够体现学生惊人的天赋、热情和成就。这些材料包括但不限于：创造性的写作项目，在音乐、舞蹈、视觉艺术和戏剧的高光表现，学校的顶点项目（这个课程类似国内的毕业论文毕业设计课程，综合性的课程，一般设在毕业前的那个学期）例如 AP 的顶点课程。也可以是类似的研究项目，商业计划书或其他内容。

Supplemental Materials: Optional Art, Creative, Research, or Other Supplements. Students may submit supplemental material representing a significant talent, passion, or achievement by self-upload through their UChicago Account. These materials include, but are not limited to, creative writing projects, highlights from music/dance/visual art/theater performance, school capstone projects such as AP Capstone or the equivalent, research projects, business plans, or other work of note.

Students may also elect to submit results of AP exams, SAT-II subject tests, predicted IB or A-Level scores on an optional and self-reported basis.

<https://collegeadmissions.uchicago.edu/apply>

注：芝加哥大学已经明确的提到了 Capstone 课程，这个课程就是研究性质课程，他希望学生有做研究课题的背景，这都会成为有价值的申请补充材料。



宾夕法尼亚大学 University of Pennsylvania

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宾夕法尼亚大学寻找有好奇心、跨学科心态和想为世界做出贡献的学生。宾夕法尼亚大学寻找有能力把他们的想法和兴趣转化为行动的学生，他们的才能和经验将激励我们的社区。

Penn seeks the brightest scholars from the broadest range of backgrounds and life experiences—students with intellectual curiosity, an interdisciplinary mindset, and a desire to contribute to the world. Penn looks for students with the ability to turn their ideas and interests into action, people whose talents and experiences will energize our community.

<https://admissions.upenn.edu/admissions-and-financial-aid/apply-for-admission/first-year-admission>

注：宾夕法尼亚大学希望看到学生能把他们的想法和兴趣付诸实施。



杜克大学 Duke University

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我们考虑那些在学术和个人素质发展上都非常优秀的学生。我们也考虑那些曾经利用各种机会解决了在生活中的挑战的学生。我们在寻找那些愿意为学校带来不同的经历，不同的背景，不同的兴趣和不同的选择的学生。我们尤其喜欢那些热爱思考，想要创造一个不一样的世界的人。

学术活动上严谨性是我们筛选申请人的标准之一。

we consider both the academic and the personal qualities of each student. We think about what a student has accomplished within the context of the opportunities and challenges he or she has faced. And we seek those students who will bring a variety of experiences, backgrounds, interests and opinions to the campus. We especially appreciate students who love thinking hard about things and who like to make a difference in the world.

Because the admissions process is so personal and contextual, it's impossible to predict a candidate's chances of admission by looking at academic qualifications alone. We're guided initially by our assessment of six primary factors:

The rigor of a candidate's academic program.

<https://admissions.duke.edu/what-we-look-for/>

注：杜克大学希望学生在学术和个人素质上表现优秀的学术，不仅仅是分数。因此，如果学术能在中学阶段展现出自己在学术研究上的成熟，那么一定会备受青睐。